



Tessa M. Register

Attorney

Contact:

Phone: 612.305.7566

Email: tregister@nilanjohnson.com

Biography

Tessa Register represents employers in workplace disputes and labor relations matters. Tessa defends employers in litigation, arbitration, and federal and state administrative proceedings involving discrimination, harassment, whistleblower, and other workplace claims. She conducts legal research, manages discovery, and drafts charge responses, motions, briefs, and other litigation documents.

On the labor side, Tessa supports employers in unfair labor practice charges, union organizing and decertification campaigns, strike contingency planning, and collective bargaining, including drafting contract proposals and letters of understanding. She also assists with grievance arbitration, from evaluating evidence and developing exhibits to researching and drafting post-hearing briefs. Her experience has included drafting a post-hearing arbitration brief that led to a full denial of a termination grievance.

Tessa is known for making complex legal systems clearer and more accessible for her clients. She takes the time to understand each client's goals and helps them feel informed, understood, and supported throughout the legal process.

Education

University of St. Thomas School of Law, J.D., *cum laude*, 2025

University of Georgia, B.A., *cum laude*, 2020

Bar Admissions

Minnesota

U.S. District Court, District of Minnesota

Key Practice and Industry Experience

- Discrimination defense
- Labor management relations
- Workplace investigations
- Trials and arbitrations
- Whistleblower defense
- Preventive employment counseling

Recognitions and Honors

- Dean's Awards in Labor Law, Family Law, Lawyering Skills I and II, and Presentation Skills for Lawyers, University of St. Thomas School of Law
- Critical Language Scholarship (Portuguese), U.S. Department of State, 2022
- Presidential Scholar, University of Georgia